

## 5-6-7-8

32 Count 4 Walls Beginner

Choreographed by: "[Rodeo](#)" [Ruth Lambden](#) (UK)

Choreographed to: 5-6-7-8 by Steps ([Search For Music](#)) 148 BPM

### Count      Footwork

#### Heel And Toe Twists & Clap

1 - 4      Twist Heels Left. Twist Toes Left. Twist Heel Left. Clap.  
5 - 8      Twist Heel Right. Twist Toes Right. Twist Heels Right. Clap.

#### Step Slaps & Hip Pushes.

9 - 10      Step Left Foot Forward & Slap Left Hand On Left Hip.  
11 - 12      Step Right Foot Forward & Slap Right Hand On Right Hip.  
13 - 14      Bend Knees. Push Hips Left As You Straighten Legs.  
15 - 16      Bend Knees. Push Hips Right As You Straighten Legs.

#### Right & Left Chasse With Lasso.

17 - 18      Step Right To Right Side. Close Left Beside Right.  
19 - 20      Step Right To Right Side. Close Left Beside Right.

#### ( While Performing Steps 17 - 20 Lasso With Right Arm)

21 - 22      Step Left To Left Side. Close Right Beside Left.  
23 - 24      Step Left To Left Side. Close Right Beside Left.

#### ( While Performing Steps 17 - 20 Lasso With Left Arm) Pistol Points (with Optional Heel Jacks).

Note :      Link Hands To Make Gun Shape And Hold To Chest.  
25 - 26      Stretch Arms Out To Left Diagonal. Bend Elbow & Return To Chest.  
27 - 28      Stretch Arms Out To Right Diagonal. Bend Elbows & Return To Chest.  
Option :      The More Experienced Dancer May Like To Put Heel Jacks With

#### These Pistol Points. March 1/4 Turn Left, Rolling Fists.

29 - 32      Turn 1/4 Turn Left By Marching On Spot - Right , Left, Right, Left.  
Note :      While Marching On Spot Roll Left Fist In Front Of Chest And Right

#### Fist Above Head Shouting - 5, 6, 7, 8.